

JY

Mon	Tue	Wed	Thu	Fri	Sat	Sun
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

April

Yoga 19:15-20:15 **Yoga todos los Niveles**, Cumbayá

Fitness 18-19 **Workout Training**, Step Ahead

Yoga 19-20 CET **PopUp Yoga: Online edition**, Zoom

Meditation 19:30-20 **Meditation (Free)**, EC & Zoom